



Endorsed in 2003 by the March of Dimes, The S.T.A.B.L.E. Program is the first neonatal continuing education program to focus exclusively on the post-resuscitation/pre-transport stabilization care of sick newborns. S.T.A.B.L.E. targets the post-resuscitation care of sick neonates and is therefore considered by many experts to be the follow-up, complementary program to the American Academy of Pediatrics' Neonatal Resuscitation Program (NRP). The program serves as a concise educational tool to organize the myriad of details necessary to stabilize and care for sick infants.

“S.T.A.B.L.E.” stands for the six program modules:

- **Sugar/Safe care** - Establishing intravenous access and monitoring and normalizing the blood sugar. Safe, quality patient care and preventing and eliminating preventable adverse events
- **Temperature** - Prevention of cold stress and hypothermia
- **Airway** - Supporting ventilation and maintaining a normal acid-base balance
- **Blood Pressure** - Identification and treatment of hypovolemic, cardiogenic, and septic shock
- **Lab work** - Identification and treatment of neonatal infection and performing lab investigations
- **Emotional support** - The crisis of NICU hospitalization and how to offer emotional support to the family

Teaching Methods

Didactic presentation will utilize an animated CD-ROM, manuals and group discussion. Neonatal assessment and stabilization guidelines are offered in each module. Prevention of adverse events and delivery of safe patient care are stressed throughout the didactic/interactive program.

Please Note: Each participant is REQUIRED to have the “S.T.A.B.L.E. Program Learner Manual–6th Edition” for this program.

Visit the [**RWHC Clinical Education Series web page**](#) to view all our class offerings.

If you would like more information about the *RWHC Clinical Education Series*, please [**email Education Services Manager, Carrie Ballweg**](#), or call 608-643-2343.