

ER BOOT CAMP

← EMERGENCY

DAY ONE Objectives: Communication/Safety/Critical Thinking

- Discusses at least five safety concerns as an ER nurse
- Practices crucial conversations and closed loop communication
- Learns an effective way to deal with conflict on the team
- Enhance awareness on upholding regulatory standards/practice guidelines
- Review documentation standards and guidelines to reduce risk
- Participates in coordinating an emergency situation as the primary RN
- Engages in critical thinking

DAY TWO Objectives: Differentiating Chest Pain/Shock/Stroke/DIC/Metabolic vs. Respiratory

- Differentiates causes of chest pain related to presenting signs and symptoms
- Determines emergency and priority interventions for causes of chest pain
- Articulates the pathophysiology of shock, while differentiating the 4 types of shock.
- Identifies the signs and symptoms of hypoxia
- Reviews acidosis vs. alkalosis while differentiating signs/symptoms and causes of such
- Examines the signs and symptoms of stroke and prioritizes care interventions
- Recognizes DIC and articulates the care needed
- Participates in a review of emergent and vasoactive drugs
- Engage in critical thinking activities and integrate knowledge learned through simulated case studies

DAY THREE Objectives: OB and Pediatric Emergencies

- Review of obstetrical emergencies: ectopic pregnancies, miscarriage/stillbirth, pre-eclampsia, HELLP syndrome, obstetrical hemorrhages, emergency delivery, abruptio, pre-term labor and trauma considerations.
- Prioritizes nursing interventions to the above emergencies
- Recognize anatomy and physiology differences between children vs. the adult
- Identifies assessment finding that lead to the child's condition deteriorating indicating the need for rapid response
- Reviews several pediatric emergencies: respiratory, asthma, dehydration, DKA (diabetic ketoacidosis), and other childhood illnesses that lead to big problems.
- Prioritizes nursing interventions to the above emergencies
- Engages in critical thinking through case studies/simulations

DAY FOUR Objectives: Airway Management/System Emergencies

- Reviews emergency airway options (LMA, Combi Tube, Cricoid, Intubation, Oral airway adjuncts)
- Recognizes steps toward RSI (Rapid Sedation Intubation) and engages in appropriate assessment considerations
- Prepares for procedural sedation and articulates RN role in the experience
- Articulates the pathophysiology and the priorities of care for the following emergencies: Acute pulmonary edema, epiglottitis, pulmonary emboli, COPD exacerbation, appendicitis, pancreatitis, hypothermia, hyperthermia, burns and seizures.
- Engages in critical thinking through case studies/simulations

DAY FIVE Objectives: Musculoskeletal Emergencies/Mental Health/Substance Abuse/Ethics and Defusing the team

- Review musculoskeletal emergencies including sprains, fractures and compartment syndrome
- Examine common substances that are ingested these days while articulating the signs and symptoms seen and the care needed
- Dialogue through detoxing a patient with care considerations
- Differentiating mental health challenges that are commonly seen in the ER
- Discuss ethical challenges that might arise as a ER nurse
- Defusing the team after a critical event
- Strategize options to healing the healer's heart

If you would like more information about the RWHC Clinical Series, please [email Carrie Ballweg](#), Education Services Manager, or call 608-643-2343.