



## Dealing with Loss in the Childbearing Family



**Presenter:** Cella Janisch-Hartline, RN, BSN, Nursing Leadership Senior Manager, RWHC; ACC Certified Professional Coach

**Target Audience:** Obstetrical and emergency nursing personnel

**Program Description:** Typically, the birth of a baby is viewed as miraculous event full of joyous family bonding experiences. However, there are times when the birth of a baby is not that type of experience. The highly emotional and devastating time when there is no heart tones, no movement, no life noted in the fetus. This workshop is designed to review the common causes and risk factors that lead to intrauterine fetal death and will cover what to expect when the baby is delivered related to assessment findings. Throughout the workshop, the group will review the steps necessary to provide in-the-moment crisis interventions, while helping to effectively deal with the acute grief responses that may arise within the family in this type of experience. Communication tips and techniques will be shared amongst those participating. In addition, the participants will learn tips, techniques and the recommended process to implement a team defusing experience post event. Finally, the workshop will discuss options to healing the healer's heart so that they can continue to bring optimal care to the bedside after being a caring part of this type of sad experience.

### **Program Objectives**

#### **Participants will be able to:**

1. Examine the common causes/risk factors that lead to intrauterine fetal death
2. Review the steps of in-the-moment crisis interventions/grief responses
3. Discuss tips and techniques to support and communicate effectively with the grieving family
4. Defuse the team post experience
5. Strategize options to healing the healers heart

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