



NURSING SUPERVISION BOOT CAMP

Nursing Supervision Boot Camp (3 day)

Target Audience: RN Charge Nurses, RN Team Supervisors, RN Team Leads, Nursing Leaders

Program Description:

Are you a new charge nurse or team supervisor? Or do you aspire to become one someday? Are you a charge nurse or team supervisor who needs to be inspired to do the job more effectively? Are you a newer nursing team leader or manager? If you answered yes to one or more of these questions, then this boot camp is designed just for you. During this 3-day boot camp we will explore many aspects of nursing supervision in rural healthcare. Throughout this interactive boot camp, participants will be engaged in activities including partner and group discussions, self-reflection, role playing of effective communication/conflict management techniques, problem-solving case studies and collaborative sharing of ideas. This comprehensive course is designed to provide the core foundation of nursing supervision across the care continuum. For more details about this course take a look at the objectives listed below. You do not want to miss this opportunity! Sign up today as space is limited.

Objectives: *The participant will be able to:*

- Define and role model professionalism, respect, teamwork and leadership
- Learn the 10 characteristics of being a servant leader
- Recognize signs and symptoms of stress and identify at least two ways of reducing stress
- Decide on at least three personal values that will mold their leadership foundation
- Explore differences in personalities and generational views
- Build team trust
- Recognize the power of choices
- Determine key elements of effective coaching techniques
- Differentiate behavior vs. judgment feedback while role playing through some common issues
- Understand role in developing a retention culture on the unit
- Review communication styles and demonstrate assertive communication techniques
- Practice having crucial conversations skillfully
- Identify common communication pitfalls
- Examine emotional intelligence to enhance unit relationships
- Reflect on self-management of emotions
- Learn tips and techniques to deal with disruptive behaviors
- Participate in conflict resolution skills through role play
- Learn John Kotter's 8 critical components of change, supporting change in the department and organization
- Acknowledge the role of "peer today boss tomorrow" concepts
- Enhance critical thinking within the team
- Supports and facilitate the onboarding initiatives of new team members
- Identify common challenges and strategies of competency development, validation of and measuring performance outcomes
- Verbalize effective delegation strategies
- Enhance time management and/or organizational skills
- Demonstrate leadership by holding self and others accountable
- Examine fiduciary responsibilities/stewardship in the unit, i.e. staffing, budget considerations
- Identify at least four tips for preparing, conducting and following up on performance evaluations
- Support the customer service initiatives of the organization
- Reinforce evidence based practice/standards of practice in the unit
- Develop strong interdepartmental relationships through open collaboration
- Articulate role in quality initiatives (performance improvement, just culture, safety)