**Day 1: Communication/Safety/Standard of Care and Practice**

**Objectives:**
- Discuss at least five patient safety concerns as an OB nurse
- Practice crucial conversations, SBAR communication and hand-off of patient care
- Learn an effective way to deal with conflict on the team
- Enhance awareness on upholding regulatory standards
- Review documentation standards and guidelines to reduce risk

**Part Two: Labor/Delivery**

**Objectives:**
- Review the pathophysiology of the pregnant patient
- Articulate labor and delivery processes
- Collect effective tips and techniques to support the laboring patient
- Dialogue concerns about BMI (body mass index) patients
- Differentiate care for the planned vs. emergent C-section
- Determine the risks and care for the mother who is a VBAC

**Day 2: OB Medication Review/Epidurals and Intrathecal Inductions/Augmentation of Labor/Post-Partum Assessment**

**Objectives:**
- Review common medications utilized in obstetrics
- Determine appropriate nursing interventions related to various medications administered
- Differentiate epidurals vs. intrathecal while providing appropriate nursing care
- Conduct a 7 point post-partum assessment
- Examine labor inductions and augmentation of labor
- Establish the risk and benefits to Mom and Baby

**Day 3: OB Assessment/Emergencies/Interventions**

**Objectives:**
- Recognize the anatomy and physiology characteristics to each identified emergency discussed
- Review obstetrical emergencies: pre-eclampsia, HELLP syndrome, obstetrical hemorrhages, shoulder dystocia, emergency delivery, prolapsed cord, uterine trauma, shock syndrome, cardiac arrest, embolisms, premature labor, and DIC
- Prioritize nursing interventions to above emergencies
- Engage in critical thinking through case studies and simulations

**Day 4: Newborn Assessment/Emergencies/Interventions**

**Objectives:**
- Review fetal circulation and the transition that happens at the time of birth
- Differentiates early, late and variable decels while identifying appropriate care when seen on strip
- Practices interpretation of fetal monitoring strips
- Review apgar scoring
- Conduct a thorough head to toe newborn assessment
- Differentiate various newborn emergencies while prioritizing appropriate care i.e. hypothermia, hypoglycemia, sepsis, drug withdrawal, seizures, gastrochisis, omphalecele etc.
- Engage in critical thinking through case studies and simulations
- List at least 3 tips and techniques for successful breastfeeding

**Day 5: Ethics/Dealing with Loss in the Childbearing Family**

**Objectives:**
- Discuss ethical challenges that might arise as an OB Nurse
- Examine the common causes/risk factors that lead to intrauterine fetal death
- Review the steps of in the moment crisis interventions/grief responses
- Discuss tips and techniques to support and communicate effectively with the grieving family
- Defusing the team post experience
- Strategize options to healing the healers heart